## THE ALICE EXPERIENCE | MEET THE SMITH FAMILY



Jane Smith, 46 Teacher's Aide \$18.00 per hour



John Smith, 38 Health Care Worker \$17.50 per hour



**Joy**, 9



Jenny, Infant

#### THE GOAL: HOME OWNERSHIP/REPAIR CREDIT

The Smith family lives in Lakewood and makes a combined gross annual income of \$73,840.00. They face housing insecurity because of high rent (\$1000/month) and high utility costs due to living in an old house with no insulation. Jane works as a teacher's aide in a different district than her residential neighborhood. The family has fallen back on credit cards resulting in debt that could take 6 months to a year to repair. In addition, finding childcare for Jenny has been difficult.

The Smiths would like a budget to pay off negative items on their credit report and to have an emergency fund.

#### **ADDITIONAL NOTES:**

- Jane cannot get a second night job due to lack of childcare.
- The family has no savings at this time.
- Jane was unemployed for a significant amount of time.

#### **GUIDELINES:**

- Keep your goals in mind.
- Budget for all categories you may not skip a section.
- You may budget for any category in any order.





\*You may not exceed your budget\*

#### HOUSING

- Studio apartment
- One bath
- Apartment One bed One bath
- House Two beds • One and a half baths

# CHILD CARE

- No access to reliable childcare
- Leave kids with multiple family and friends, but found it is unreliable
- Put the kids in a reliable, licensed childcare center close to home

### SAVINGS

- After the bills/food is paid for, no extra money is left
- \$20 left over each week after all the bills are paid to pay down debt
- \$50 left over each week after all bills are paid to pay down debt and contribute to savings

#### TRANSPORTATION

- No access to public transportation • Rely on family and friends for rides
- Take CARTS buses, but the schedule can be unreliable
- Own your own car

#### FOOD

- Full of carb-heavy, processed foods
  - Void of nutrients
  - High in fats and sodium
- Rely on cheaper cuts of meat Canned fruits and vegetables, which are higher in sodium and sugar
- Lean meats
  - Fresh fruits and vegetables
  - Locally sourced

#### HEALTH

- Avoid going to the doctor
- Only go to the doctor when it's an emergency
- Proactively address health concerns

### NEIGHBORHOOD

- Sometimes unsafe, high lead
- under resourced schools
- Grocery store within five miles, no proximity to support services
- Relatively safe, some lead levels Resourced schools grocery store & support services within walking distance
- - Safe, low lead levels

### TECHNOLOGY

- No cell phone
  - No computer or internet
  - No TV
- Cell phone with a prepaid monthly plan No computer or internet

  - No TV
- Cell phone Home computer with internet
  - TV with cable/streaming