

# COVID-19 (CORONAVIRUS)

## WHEN TO SEEK CARE

If you are experiencing symptoms that are similar to COVID-19, please follow the guidelines below when considering whether or not to seek medical care.



### STAY HOME

If you are worried, but feeling well,

**Please stay home.**

Going to a hospital or doctor's office when well can overwhelm medical staff, takes time away from those needing care, and puts you at risk of infection.



### CALL FOR ADVICE

If you are **SICK** and think you have been exposed to COVID-19 **CALL** your healthcare provider to discuss your exposure, your symptoms, and next steps. If you do not have a provider, call The Chautauqua Center at 716-294-3985.



### SEEK CARE

If you are **SICK** and feel you have an emergency, call urgent care or the emergency department of your local hospital. **Do NOT** show up at **ANY** healthcare facility unless you have called first. If your symptoms are becoming life-threatening, call **911**.

For more information call: NYS Coronavirus Hotline at 1-888-364-3065  
or Chautauqua County DHHS at 1-866-604-6789  
or visit: [www.chqgov.com](http://www.chqgov.com)

