

Virtual Meetings

Mental Health Association in Chautauqua County will be offering virtual meetings via Zoom using the following schedule:

Monday

- 10:00 AM – All Recovery Support
- 2:00 PM – PTSD CO-ED Support
- 7:00 PM – Recovery Support

Tuesday

- 10:00 AM – Recovery Support
- 2:00 PM – 12 Step Format
- 5:30 PM – Southern Tier Queer Peers
- 7:00 PM – Recovery Support

Wednesday

- 10:00 AM – Recovery Support
- 2:00 PM – Recovery Support
- 5:30 PM – Alternatives to Suicide
- 7:00 PM – Refuge Recovery

Thursday

- 10:00 AM – Recovery Support
- 2:00 PM – Recovery Support
- 7:00 PM – Mental Health Recovery

Friday

- 10:00 AM – Recovery Support
- 2:00 PM – NA Open Discussion
- 7:00 PM – Refuge Recovery

Saturday

- 10:00 AM – 12-Step format
- 2:00 PM – Common Bonds
- 7:00 PM – Recovery Support

Sunday

- 10:00 AM – Refuge Recovery
- 2:00 PM – Recovery Support
- 7:00 PM – 12-Step format

All are welcome to join.

Please respect the privacy of others just as you would at a regular meeting.

Stay healthy, safe, and connected.

How to join an online meeting:

Join the Zoom Meeting from your browser:

<https://zoom.us/j/5892507875>

Get an app for Windows, iPhone, or Android:

<https://zoom.us/support/download>

Or dial this number:

929-436-2866

and enter the Meeting ID:

589 250 7875

An account with Zoom is not required.

Be sure to allow the audio.

You can turn off the video in the app if you don't want to be seen.

Please mute your microphone if you have a lot of background noise.

Remember to unmute to speak.