The COVID-19 Pandemic has many of us wondering what am I going to do? Where can I get the help I need? This resource sheet is here to help answer your questions and connect you with local resources that have been adjusted from the normal operations across Chautauqua County. For more information you can visit the United Way of Southern Chautauqua County’s website at www.uwayscc.org. This site is full of local resources and volunteer opportunities to help during this challenging time. At the United Way we know that it will take ALL OF US working together as a community to get through this pandemic, because United We Fight, United We Win!

For any questions, please contact the NYS DOH COVID-19 hotline: 1-888-364-3065

**FOOD / BASIC NEEDS**

**Bread of Life food pantry**
1006 W. 3rd St. Jamestown
716-483-3687
Tues 2:30p – 5:30p
Friday 11a -2p
info@healingwordministriescog.com

**Catholic Charities**
42 Dunham Ave. Jamestown
716-484-9188

**Chautauqua County Rural Ministry**
716-366-1787
ccrm@netsync.net
ccrmkp@gmail.com
Must call prior to for personal care needs. Limited supply
319 Washington Ave, Dunkirk
- **Friendly Kitchen**
  Breakfast: 8:30a - 9:15a
  Mon - Fri Lunch & Dinner box pickups: 11a-12:30p
  Sat – Sun Meal Boxes 11a – 12p

(CCRM cont)
- **Emergency Food Pantry**
  Mon-Fri 8a-3:45p

**Christ First United Methodist**
663 Lakeview Ave. Jamestown
716-664-5803
Mon & Wed 9:30a-12p
Call before going 716-664-5803 Need photo ID for everyone in house.
No income requirements

**Park United Methodist Church**
49 Sinclair St. Sinclairville
716-962-2265
info@parkumc.org
Tues 8a-noon
25 Maple Dr, Cassadaga
Thursday 8a-12noon
Income based

**Salvation Army**
716-664-4108
83 S Main St, Jamestown
**Food Pantry** Mon-Fri
9:30a – 11:30a and 1p- 3:30p
Dunkirk conducting home deliveries
Mon-Fri 9a-12p
Call to schedule 716-366-3701

**St Susan’s Kitchen**
716-664-2253 Daily bagged lunches can be picked up in the foyer. Monday - Friday 11a - 3:45p
Saturday & Sunday 12p-1:45p
31 Water St. Jamestown

**Westfield Community Kitchen**
101 East Main Street, Westfield
Westfield Food Pantry
Meal pick-up at side door
Mon & Fri 11:30a – 12:30p
Wed 4:30p – 5:30p
Tues from Clinton St Parking Lot 1-2:30p To sign up call
716-326-3243 or email westmeth@fairpoint.net

**WIC:** Phone appt. only
716-484-6001 or 218-1484
42 Dunham Ave, Jamestown

**SCHOOL LUNCHES:**
Jamestown Public Schools
Pickup Monday -Friday
11a -1p
at Washington, Jefferson, Persell & JHS.

Other Communities, please see your school web page as lunch programs vary by district.

**CLOTHING/HOUSEHOLD**

Community Helping Hands For emergency household & clothing needs. This includes bedding, dishware, etc. No furniture. Meeting individual emergency needs 716-487-1488 or email office.chh@gmail.com

Love INC. assists with toiletries, cleaning products, diapers & wipes. Please call 338-9705 for assistance. Office hours are 10 am - 2 pm on Tuesdays, Wednesdays and Thursdays. Please leave a message at all other times and your call will be returned asap.
Call Susan Justham 716-338-9705

**MENTAL HEALTH**

**Chautauqua County CRISIS Hotline**
24/7 | 1-800-724-0461

**NYS COVID-19 Emotional Support Hotline**
1-844-863-9314

**Call A Pastor Crisis Line**
716-226-1494

Child Advocacy Program (CAP)
Forensic interviews, temporarily postponed.
Counseling, Advocacy and Case management services available call
716-338-9844

**Updated 4.02.2020**
The Chautauqua Center
In person or video conference counseling available.

If you answer YES to any of these questions, please call ahead before visiting the clinics
• Have you been outside of the country in the last 14 days?
• Have you been diagnosed with, or in close contact with anyone who may have coronavirus or covid-19 virus in the last 14 days?
• Do you have any respiratory symptoms and/or a fever?

Mon-Thurs 8am-7pm
Friday 8am-5pm
Jamestown Clinic:
107 Institute Street
Jamestown, NY 14701
Phone: 716-484-4334
Dunkirk Clinics:
314 and 319 Central Avenue
Dunkirk, NY 14048
Phone: 716-363-6050

Chautauqua County Department of Mental Hygiene: Mental Health & Chemical Dependency Outpatient Services
Monday through Friday
8:30a to 4:30p
Jamestown (phone intakes only):
(Onsite syringe administration only)
200 E. Third St., 5th Floor
716-661-8330
Dunkirk
319 Central Avenue, 2nd Floor
716-363-3550

Evergreen: Opioid, NARCAM, needle exchange & health screenings have moved temporarily from MHA to 320 Prather St, Suite 100
716-664-7855
Syringe exchange 10a- 4p, Mon- Fri
www.evergreenhs.org/covid-19

Family Service of Chautauqua Region Tele-counseling services
Call main office 716- 488-1971

Mental Health Association
(716) 661-9044 or visit
www.mhachautauqua.org

They are offering 3 online groups daily at 10am, 2pm and 7pm.
Free peer services available via phone or video chat.

The Resource Center
Tele-counseling & tele-psychiatry available
Jamestown 716-661-1447
Dunkirk 716-366-7660

UPMC Chautauqua Outpatient Mental Health & Chemical Dependency Services
Phone & Video Appointments
Mon – Fri 9a-5p
Jamestown: 716-664-8641
Dunkirk: 716-363-0018

CHILDCARE
**Child Care Council Hotline**
1-800-424-4532
childcare@chautopp.org

A Children’s Place 716-487-2238

Chautauqua Lake Childcare Center
716-753-5851

JPS Fletcher and Ring Schools
childcare@jpsny.org

YMCA 716-664-2802

YWCA 716-488-2237 x 250

VETERANS
Chautauqua County Veterans Services online/phone support
Jamestown 716-661-8255
Dunkirk 716-268-6030

Dwyer Veteran’s Peer to Peer
Call for needs and online/phone support: 716-969-5542

NYS GOVERNMENT PROGRAMS
Access Services through the Department of Health and Human Services (DHHS) at
716-661-8200 https://chqgov.com/
The services being provided are as follows:

Temporary Assistance, SNAP, All Public Assistance eligibility, recertification, & emergency interviews can be done by phone. Domestic Violence & Drug/Alcohol Screenings will be done by phone. These interviews can be conducted without face-to-face contact through April 11, 2020 & recertification interviews can be conducted by phone through May

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15, 2020. All applications & required documents can be mailed, e-mailed, faxed, scanned, or dropped off. SNAP benefits can be applied for on-line at mybenefits.gov.

Temporary Housing Assistance (Homeless) and Non-PA Emergency Assistance applications & documentation can be mailed, e-mailed, faxed, scanned, or dropped off.

HEAP – All requirements for face-to-face interviews for any HEAP component is temporarily suspended. Applications & any supporting documents can be mailed, e-mailed, faxed, scanned, or dropped off.

Children Protective Services Statewide Central Register 1-800-342-3720

Fair Hearings – Please contact the office of Administrative Hearing at 1-800-342-3334 for rescheduling.

Child Support – Can be emailed to cccseu@co.chautauqua.ny.us Faxed 716-753-4602, or Call 716-753-4555

Child Support Court appearances are administratively adjourned until April 30, 2020. Adjourn dates will be sent out by mail to respondents.

Adult Protective Services/CASA For non-emergencies please call 716-753-4447; mail can be sent to 7 N. Erie Street Mayville, NY 14701 or 110 E. Social Services 14th Street, Jamestown, NY 14701 or 319 Central Avenue, Dunkirk, New York 14048 or dropped in the drop boxes

NY UNEMPLOYMENT
File online at www.labor.ny.gov. You can also file by phone, but it is extremely busy and difficult to get through: 1-888-209-8124
*Spanish language available

Chautauqua Works
Central Intake
716-661-9553
www.chautauquaworks.com

HEALTH INSURANCE
FIND A DOC – Find a Primary Care Physician: 716-338-0010

Special enrollment period for health insurance through the NYS of Health Marketplace is happening NOW for individuals to ease Coronavirus fears! For help enrolling, renewing, or changing your coverage, call Healthy Community Alliance 716-532-1010 to work with a local Navigator.

**NYS Dept of Health HOTLINE**
1-888-364-3065

TECHNOLOGY
AT&T, Charter, Comcast & Verizon
Unlimited Data plans to customers until May 13th – no extra charge

Charter and Comcast
Communications will offer free* Spectrum Wi-Fi for 60 days *specific circumstances apply Charter 1-844-488-8395 Comcast 1-855-846-8376

DFT FREE Internet:
https://www.dftcommunications.com/current-promotions/#COVID19

Safelink Wireless
Income must be at or below 125% of Federal Poverty level
1-800-723-3546

All Chautauqua County Library systems have free & open access to WIFI. You will be able to access via the parking lot or roadside closest to building.

Straight Talk – text COVID to 611611 to increase data allotment for the month.

SMALL BUSINESS HELP

Chautauqua County Chamber of Commerce www.chautauquachamber.org

County of Chautauqua Industrial Development Agency www.ccida.com

Small Business Development Corp www.sunyccc.edu/sbdc

U.S. Small Business Administration’s (SBA) Federal Disaster loan program
Low-interest loans for working capital are available to small businesses suffering substantial economic injury as a result of COVID-19 in NY https://esd.ny.gov/resource-guide-covid-19-sba-disaster-loans

STUDENT RESOURCES

Chautauqua Striders
Small Group & One-to-One tutoring services online.
Richard Walter: 716-579-8156 richard@chautauqua-striders.org

www.chautauquastriders.org/academics

Prevention Works
https://preventionworks.us/
716-664-3608
Parenting programs
Online Prevention Lessons
Teen Intervene support

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